



# THE LEADER

Vol. 38, No. 31

Grand Forks Air Force Base, N.D. ♦ [www.grandforks.af.mil](http://www.grandforks.af.mil)

Aug. 8, 2003

## Get ready for school



School supplies, bus schedules and more

-- See Pages 10-12 for more

319th Air Refueling Wing ♦ Winners of the Air Force Outstanding Unit Award (July 2000 to June 2002)

**Inside:** Sneak peek  
at new AF  
uniform

### Weekend weather

Friday	86/60	iso. T-Storm
Saturday	88/64	iso. T-Storm
Sunday	84/65	Partly cloudy
Monday	90/60	Partly cloudy



Weather information courtesy  
319th Operations Support Squadron weather flight

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Meet the new  
319th OSS  
commander

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Off to the  
races!

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# Air Force unveils plan to wear-test new utility uniform

By Tech. Sgt. David A. Jablonski  
Air Force Print News

WASHINGTON - Air Force officials announced plans Wednesday for the wear-test of a new utility uniform that could replace the current battle dress uniform.

The blue, gray and green tiger-stripe camouflage ensemble is a departure from the current woodland-pattern uniform and includes many new features that are intended to increase functionality and provide a distinctive look for airmen of the 21st century, officials said.

Three hundred uniforms will undergo wear-testing from January to July at Elmendorf AFB, Alaska; Hurlburt Field, Fla.; Langley AFB, Va.; Luke AFB, Ariz.; McChord AFB, Wash.; Ramstein Air Base, Germany; Robins AFB, Ga.; Vandenberg AFB, Calif.; and Wright-Patterson AFB, Ohio. The test will generate feedback about fit, durability and functionality.

“Our intent is to create a uniform that will be distinctive, practical, easy to maintain, comfortable and, most important, a uniform you will be proud to wear,” said Air Force Chief of Staff Gen. John P. Jumper.

“We have become a more expeditionary force, with less time at home to spend caring for the uniform,” Jumper said. “In the last 20 years, material technology has improved greatly. As a result, we have designed one uniform that can satisfy our various climates and utility needs, while eliminating the need for professional ironing to provide a polished appearance.”

Jumper said the distinctive Air Force uniform is designed to fit well, look sharp and require much less maintenance than the current uniform.

“We (also) need to ensure our airmen have a uniform that fulfills our unique air and space missions,” he added.

Chief Master Sgt. of the Air Force Gerald R. Murray



(U.S. Air Force photo by Master Sgt. Jim Varhegyi)

**Airman 1st Class Jonathan Besko (left) and Senior Airman Brandi Wyatt, 11th Communication Squadron, Bolling AFB, D.C., try out the Air Force test utility uniform in a computer server room.**

said great care is being taken to ensure the best possible uniform is created to meet future needs.

“I believe that one of the great strengths of our Air Force and its airmen is the ability to adapt to new missions, new technologies and an ever-changing world landscape,” he said. “This new utility uniform is another example of seeing a need for improvement and moving forward.”

A key step in bringing any new uniform item into service is feedback from airmen in the field, Murray said.

“I believe it’s a uniform fitting of the world’s greatest expeditionary Air Force and one that we will be proud to wear,” he said. “We want your feedback as well – not shoot-from-the-hip feedback, but feedback that comes from seeing the uniform in action and thinking about how it will meet your needs based on your work environment.

“It’s important to remember that this is a wear test,

and the decision about whether or not to adopt some, all or none of this uniform will be made after considering the results of the test and feedback about how it meets airmen’s needs,” Murray said.

According to officials, the wash and wear uniform will be easier to maintain and will not require professional laundering or starching. Officials estimate that home laundering can save up to \$240 in laundry costs over the course of a year.

Unlike the current BDU, the new version comes in men’s and women’s cuts. The separate women’s uniform reflects the growth in the number of women in the service. In the late 1980s women comprised less than 13 percent of the total force; today nearly one in five airmen are women.

Officials said other possible advantages to the uniform include:

- Using the same fabric identified by the Marines as the optimum material for wash and wear characteristics;

- A camouflage pattern that corresponds to the jobs airmen do in most situations that require a utility uniform,

- Recalling the “tiger stripe” camouflage pattern used during the Vietnam War, but with the distinctive Air Force logo embedded into a color scheme that preliminary testing indicates may provide better camouflage.

Officials are also considering maintenance-free boots and alternative T-shirts.

The uniform patterns are being cut, with production to begin in November. Data collection and analysis, and any potential adjustments, will occur from August through October 2004. A final decision on the uniform is expected in December 2004. If approved, production could begin as soon as 2005, with a phase-in date to be determined.



## Action Line 747-4522

*The Action Line is your avenue for information about events and activities on and around the base. For questions about current events or rumors, please leave a message.*

**100%**

Mission effectiveness rating for the week of July 21 through 27



**Col. Keye Sabol**  
319th Air Refueling Wing commander

### Editorial staff

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♦**Advertisements** -- Call the Grand Forks Herald at 701.780.1275 before noon Tuesday.

# Airmen get sneak peek at new uniform

**By Tech. Sgt. David A. Jablonski**  
Air Force Print News

**WASHINGTON** - A prototype of the new Air Force utility uniform was unveiled July 9 in various duty sections at Andrews Air Force Base, Md., and Bolling AFB, D.C.

Senior Master Sgt. Jacqueline Dean, from the Air Force uniform board, enlisted the aid of eight airmen to demonstrate both the men's and women's version of the blue, gray and green tiger-stripe camouflage uniform for photographers.

Opinions varied, but were largely positive.

Second Lt. Arcelia Miller, from the Air Force's special security office, tested the uniform in an entry-control-point environment at Andrews.

"I like (the blouse) tucked in," she said. "It looks super."

Lieutenant Miller said she also like the uniform's look and fit.

"The color is different," she said. "I like it; it's comfortable and it's low-maintenance. It has a bunch of Air Force logos, and I like the rigger belt, and I

love the black T-shirt – it's very professional looking."

Senior Master Sgt. Vicky Jones, from Bolling AFB's 11th Security Forces Squadron, observed other security forces members in the uniform.

"The material reminds me of the old fatigues," Sergeant Jones said. "It's lightweight (and) it looks like it conforms better to the body."

Capt. Rachel Sullivan of the 89th Maintenance Group at Andrews was surprised.

"They're ... blue!" she exclaimed.

Captain Sullivan and Tech. Sgt. Thomas Stone, also from the 89th MXG, wore the uniform while reviewing maintenance checklists for a C-9 Nightingale.

"The pants seem to fit better and the belt's nice and big," Captain Sullivan said.

She also noted that, while many maintainers use the lower shirt pockets, the new uniform has only breast pockets on the blouse.

"I don't care for the (Navy) Seabee-style hat or the embroidered T-shirt," Captain Sullivan added, but she said she

was otherwise pleased with the women's cut.

Performance-wise, Sergeant Stone felt that "the cuffs got in the way a bit" while he was going through his maintenance routine.

In another flightline environment, Staff Sgt. Crystal Cardinale tried out the uniform while working on a District of Columbia Air National Guard F-16 Fighting Falcon.

"I like the T-shirt," the 113th Fighter Wing crew chief said. The T-shirt is a black, three-button Henley-style shirt with the Air Force logo on left breast and the wearer's name embroidered on the right.

The wear test period officially begins in January, when 300 uniforms will endure the rigors of Air Force life, indoor and out. Wearers and observers alike will be able to record their comments and observations on an Air Force Web site, noting the good, the bad and the ugly.

Officials say production, if approved, could begin as soon as 2005, with a phase-in date to be determined.



*(U.S. Air Force photo by Master Sgt. Jim Varhegyi)*

**Second Lt. Arcelia Miller of the Air Force's special security office puts the Air Force test utility uniform through its paces at Andrews Air Force Base, Md.**



# Briefs

## Olmsted Scholarship officers selected

The Olmsted Foundation Board will select five Air Force officers Oct. 15 to participate in the Olmsted class of 2004. Maj. Gen. George Olmsted and his wife Carol started the Olmsted Scholarship Program with the purpose of giving young career line officers the chance to receive a broad education through graduate study while experiencing the diversity of other cultures.

The program selects at least three line officers from four branches of the U.S. military to learn a foreign language and attend two years of graduate work. They are expected to live on the economy of their host country, interacting with the residents and traveling throughout the area, taking full advantage of the cultural experience.

They are connected with military installations and embassies only when necessary.

The scholarship program has had an impressive effect on the careers of those who participated in the program. Many have gained command positions within NATO, joint commands and Joint Chiefs of Staff; with 27 achieving general offi-

cer and flag rank. As of April 2002, there have been 44 Olmsted Scholarship classes consisting of 353 scholars. They have studied in 29 languages at 126 different foreign universities in 44 countries.

For more information on the Olmsted Scholarship Program, visit the Officer PME link at the AFPC website, <https://www.afpc.randolph.af.mil/>.

*(Courtesy of 2nd Lt. Amber Greenwalt, chief of customer support)*

## OPSEC tip

**Myth:** OPSEC deals with protecting classified information.

**Fact:** OPSEC deals with protecting UNCLASSIFIED information.

Tidbits of unclassified critical information is very useful to the enemy and can be used for political, military, technical, or diplomatic advantage over the United States.

## Public notification

Grand Forks Air Force Base has proposed the construction of a sidewalk at building 609.

An environmental assessment has been conducted and a “finding of no significant impact has been determined for



*(U.S. Air Force photo by Airman 1st Class Franklin J. Perkins)*

**Senior Airman James Carey removes a KC-135R Stratotanker wheel from the tire. His wheel and tire section here serves as the regional repair facility for all European, in-transient and Southwest Asian theaters. Carey is deployed to RAF Lakenheath from the 319th Maintenance Squadron at Grand Forks Air Force Base, N.D.**

the action.”

Anyone who would like to view the support documents to this action should

contact the 319th Air Refueling Wing Public Affairs Office within the next 30 days at 747-5017.

# Base readies for Thursday's 6th Annual Summer Bash

**By Capt. Tracy Velino**  
Public affairs

The base will hold its sixth annual Summer Bash, including a free picnic for all base personnel and their families, Thursday at the youth ball fields on Tuskugee and Eielson Streets.

"Everyone is invited," said Mrs. Sally Fuller, 319th Services Squadron youth programs director. "They should all participate and have a blast!"

The free Around the World in Ninety Days picnic will be served from 11:30 a.m. to 1:30 p.m. Anyone attending the picnic may pick up an ATWIND game piece at the sponsor booths. Information booths, sponsor booths and youth activities will be ready in the area at 11 a.m.

Picnic-goers will have the opportunity to interact with leaders from the local community leadership who have volunteered to serve lunch. Volunteers include 319th Air Refueling Wing honorary commanders and Chamber of Commerce Military Affairs Committee members.

The first event of the day is an ATWIND 5K Fun Run/Walk. Registration starts at the Sports and Fitness Center at 8:30 a.m., and the run/walk starts at 9 a.m. Each participant will receive ATWIND game piece.

"The Summer Bash is our last big event push for ATWIND," said Mrs. Christine Davis, 319th SVS marketing.

When base personnel and their families participate in Air Mobility Command's ATWIND program, it can help the base win thousands of dollars, plus individuals may win prizes including vacation trips. For more information or to participate, go to [www.atwind.com](http://www.atwind.com).

The next main event is the All-Star softball game at 10 a.m. at field one, near

Liberty Square. Two players were selected from each league team, and out of those two players, one will go to one all star team and the other player will go to the other team.

"It gets everybody involved on both teams," said Tech. Sgt. Douglas Cook, 319th SVS intramural teams coordinator. "It's pure baseball, no favoritism or rivalry."

The Vehicle Show and Shine begins at 10 a.m. in the picnic area. Anyone can bring a vehicle to put on display to compete for prizes in various categories. For more details, contact Master Sgt. Donald Sandbothe, 747-4565.

The annual "Red, White and Blue" parade will be held at 10:30 a.m., and will wind its way through the picnic grounds. There will be prizes for creative families, individuals and children. Sign up for the parade at the Child Development Center, youth center or at 10 a.m. the day of the parade at the picnic area. All participants will meet at 10 a.m. at the picnic area.

The sixth annual Grand Forks AFB Bed Race starts at 2:30 p.m. south of the picnic area. Teams should be at the racing area with their beds at 2 p.m. Any group of five people can make up a team with four pusher/pullers and one driver, and rules for the construction of the racing bed may be picked up at the Community Center, or call 747-6104.

Youth activities throughout the day will include a dunk booth, jumping tanks, and face painting.

There will be live music by a French and Indigenous people of Canada group and a Carribean group during the picnic.

As the Bed Race Instruction states, "Come and join the fun or just sit there and let life pass you by."

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## Order of the Warrior booth

Stop by the Order of the Warrior booth at the Summer Bash Thursday and see some of the items to be auctioned at the annual ball auction, tentatively scheduled for Sept. 5 at the Northern Lights Club.

Also, they will begin taking bids on some items for the silent auction portion of the event. Proceeds from the auction

are used to help defray the costs of Grand Forks Air Force Base's 2003 annual ball.

## 905th Assumption of Command

Lt. Col. Giovanni K. Tuck will assume command of the 905th Air Refueling Squadron Monday at 9:05 a.m. at the Officers' Club.

## Awards and Recognition

# Two Warriors picked for captain

Two Warriors of the North were among 800 Air Force first lieutenants selected for promotion to captain by the CY03A quarterly captain selection process - the first through a new decentralized procedure.

First lieutenants Michelle Scott, 319th Maintenance Group, and Christopher Thompson, 905th Air Refueling Squadron, made the list.

Board officials considered 823 lieutenants for promotion in the line, judge advocate general, chaplain, medical service corps, biomedical sciences corps

and nurse coprs fields. A total of 816 were selected for an overall 99.1 percent select rate.

The last board under the former central selection process last year had a 99.6 percent select rate. The entire list is posted on the Air Force Personnel Center Web site, [www.afpc.randolph.af.mil](http://www.afpc.randolph.af.mil).

While the opportunity for promotion to captain is 100 percent, those eligible still need to be “fully qualified” before they can be promoted, said officials. First lieutenants must meet the time-in-grade requirement.

# July reenlistments

The following individuals reenlisted in July:

Staff Sgt. Alicia Bishop, 319th Air Refueling Wing

Master Sgt. Merle McCreary, 319th Civil Engineer Squadron

Staff Sgt. Tad Schuller, 319th Communications Squadron

Master Sgt. David Cook, 319th CS

Staff Sgt. Rudyard Magcalas, 319th CS

Master Sgt. Joseph Allen, 319th CS

Staff Sgt. Heath Waikel, 319th Logistics Readiness Squadron

Staff Sgt. Chad Huizenga, 319th LRS

Senior Airman Ryan Love, 319th LRS

Staff Sgt. Scott Bolles, 319th LRS

Staff Sgt. Eric Peterson, 319th LRS

Tech. Sgt. Keith Jacobs, 319th LRS

Tech. Sgt. Alan Barsky, 319th Logistics Group

Senior Airman Alexis Alequin, 319th Medical Operations Squadron

Staff Sgt. Elwood Holland III, 319th

Mission Support Squadron

Senior Airman Samuel Baldasano, 319th Operations Support Squadron

Staff Sgt. Robert Beck, 319th OSS

Staff Sgt. Brett Marsden, 319th Security Forces Squadron

Staff Sgt. Calvin Lamkin, 319th SFS

Staff Sgt. Steven Fry, 319th Services Squadron

Senior Airman Mathais Junger, 319th Aircraft Maintenance Squadron

Tech. Sgt. Mark Claeys, 319th AMXS

Master Sgt. Terry Smothers, 319th AMXS

Senior Airman Anthony Clark, 319th AMXS

Tech. Sgt. Thomas Karpinski, 319th AMXS

Tech. Sgt. Wanda Jenkins, 319th Medical Support Squadron

Tech. Sgt. Tracy Wynne, 319th MDSS

Master Sgt. Robert Harrington, 342nd USAF Recruiting Squadron

Master Sgt. Louis Despres III, 342nd RS

Tech. Sgt. Brett Boyum, 342nd RS

## Heir Force

**Logan Scott Hohlt**, 7 lb., 8 oz. boy, was born May 24 to Airman 1st Class Daniel and Kristin Hohlt, 319th Logistics Readiness Squadron

**Evan Richard Aman**, 8 lb., 2 oz. boy, was born June 11 to Airman Zakary and Kelsey Aman, 319th Maintenance Squadron

**Juan Miguel Lu**, 6 lb., 2 oz. boy, was born June 20 to Staff Sgts. Laura and Juan Lu, 319th LRS and 319th Communications Squadron

**Henry Eli Haraldson**, 5 lb., 14 oz. boy, was born June 21 to Airman 1st Class Mitchell and Jennifer Haraldson, 319th Aircraft Maintenance Squadron

**Julie Marie Silva**, 7 lb., 13 oz. girl, was born June 23 to Senior Airman Shawn and Angela Silva, 319th AMXS

**Logan Peter Louis Cascanett**, 10 lb., 5.5 oz. boy, was born June 27 to Senior Airman Louis and Rebecca Cascanett, 319th CS

**Gavin Stone-Eugene Liston**, 6 lb., 2 oz. boy, was born June 29 to Senior Airman Matthew and Jenny Liston, 319th Civil Engineer Squadron

# Meet the 319th OSS commander

**What do you expect out of the airmen in your squadron?**

*I expect everyone to do their best at any task given to them by our squadron supervisors and delegated leaders. I want them to approach their professional and personal lives with a desire to learn. You know, no one has all the answers...but if you care about yourself, the squadron, our wing and the mission, you'll never find yourself uttering, "I don't know" and being satisfied with that answer. You have a responsibility to be part of the solution and help make our organization a better place to work and live.*

**What should the airmen in your squadron expect out of you as their new commander?**

*As the commander, I want them to understand that I'm here to chart the future course of the squadron, offer help and guidance when needed, and mentor their professional and personal development. I'll always be fair, understanding, and at every opportunity I'll solicit their inputs on*



**Lt. Col. Robert Dague**  
319th Operations  
Support Squadron  
commander

sonnel. I want my folks to develop pro-

*how to make the squadron run more efficiently.*

**What is your vision for your squadron?**

I have a tremendously talented group of professionals assigned to the OSS. My vision is to continue to proactively support the mission of the 319th Air Refueling Wing by providing the best support to our deploying personnel. I want my folks to develop pro-

fessionally and personally under my command. Warriors Supporting Warriors!

**Who are your leadership role models?**

I don't have to look very far for leadership role models. My parents have always been my idols. They emphasized personal responsibility, hard work, and family loyalty. Be a contributing member of the team, carry your weight, and always be generous by sharing your good fortune with your Air Force family...that's the good stuff!



# Image is everything

**By Chief Master Sgt. Danny Holwerda**  
319th Air Refueling Wing  
Command chief

How do you look when wearing our Air Force uniform?

Are you barely in compliance with our standards? Is your uniform pressed, or does it have the appearance of recently being removed from the dryer? Is your uniform faded, making you look like you're a member of some unknown organization? Are your shoes or boots shined, or are those "dawgs" calling for some polish? How about your hat? Are you wearing it where you are required to and removing it where it is not authorized?

Is it your practice to just meet our uniform standards, or do you strive to be a standard exceeder?

These are but a few of the many questions we must constantly answer to make absolutely sure we are complying with our laws governing dress and appearance. Just as important to ensure we are presenting the proper military image.

Our dress and appearance laws apply to all of us given the privilege of wearing the uniform for our nation. To some, these may seem like cumbersome and insignificant laws while others seem to think the standards don't apply to them for some unknown reason.

Rank, position or specialty is irrelevant; the laws are applicable to us all. Each of us has an obligation to honor these standards.

When it comes to our Air Force directives, we have no authority to pick and choose which ones to comply with or not. We vow to do this when we each accept the oath to be a member of our Air Force team.

How we look in uniform sends a strong message about who we are and what we do for our Air Force.

The little things do matter when it comes to compliance with our uniform standards and image. Most airmen (first and foremost, we are all airmen) I know want to be viewed positively.

In some cases, members feel those

little things just don't matter or don't apply to them. Imagine the message you convey to your commander, chief, first sergeant, supervisor, or fellow airmen when they observe or become aware of the fact you are incapable of complying with our core Air Force responsibilities.

It probably leaves them wondering just how well you are complying in other areas. How about the message you convey to our civilian populace?

Let's say Chief Holwerda is wearing one of our Air Force uniforms improperly. You observe the violation. What is your responsibility?

Do you walk right by me and act like you don't know me or just don't care?

I would hope that you confront me and say, "Chief, I'm not sure if you are aware, but you aren't wearing our uniform properly."

Unfortunately, far too often we have team members walking past uniform violators and not saying a thing. Obviously, each of us has an individual responsibility to be in compliance, but we each share an equal responsibility in ensuring all team members are honoring our standards.

It's your duty to correct anyone in violation of our team standards. We are the gatekeepers of these standards. Irrelevant of rank or position, we need to be able to professionally and respectfully point out these types of violations with fellow team members.

If you are failing to correct violations, you are as guilty as the team member who is not complying with our standards. For those being made aware of a violation, correct it. It's no time for argument when you are wrong.

Wear our Air Force uniform with the same passion and effort we exerted when trying to impress that special person during our courting days.

I can tell you, I wanted to look perfect when I was courting and trying to win the heart of my lovely wife. Apply this same methodic approach when wearing our Air Force uniform.



# Be aware of emergency responders

By Mr. Corey White  
319th Air Refueling Wing Fire Department

Being in the middle of the, “101 Days of Summer,” an extra emphasis is placed on paying attention to the task or activity you’re participating in. When was the last time you took the time to simply stop and look around?

Last week, I sat back and actually watched our fire department responding to an incident. What struck me during all this was the general lack of attention paid by people driving on base.

The emergency response vehicles all had their respective warning lights and sirens on, but people seemed reluctant to yield and appeared to ignore them. As you may or may not know, minutes and seconds are very important in our line of work. People’s lives depend on

timely service from our emergency responders.

So with this in mind, I offer a few suggestions that will help your base emergency responders to better serve you!

► Pull to the shoulder or curb when you see an emergency response vehicle approaching. This allows emergency response forces to get to the emergency scene in a safe and orderly manner.

Also, please be patient as additional vehicles may be following the one you pulled to the curb for. Always double check before you pull away from the curb.

► Don’t try to outrun or beat the emergency response vehicles. This practice is dangerous and serves no valid purpose. If any time is saved, it’s negligible compared to the possibility of harm coming to

you or the emergency response crew.

► Don’t overtake or pass a standing emergency response vehicle using its warning lights. An emergency scene is hazardous enough without excess traffic. Please have a little patience and wait for an emergency responder to direct you onward. They may be blocking the street for everyone’s protection.

All the pointers I’ve listed takes some of the stress out of an already adrenaline filled situation and are valid year-round, on and off base.

So, to borrow from a phrase used by the Department of Transportation, “Emergency Responders, Give Them a Break.”

Let’s continue to have a safe summer season, and keep your eyes and ears peeled for those emergency response vehicles.

## - IMAGE, from Page 8

First impressions are lasting impressions. How do you want others to view you? I suspect the answer is as a dedicated professional who is blessed with the privilege and honor of serving our nation as proud member of the United States Air Force.

It was injected into me early in my career to dress to impress.

Team Grand Forks, I challenge each of you to dress to impress as well. It starts with our image and how we look each time we are blessed to wear the Air Force uniform.

Take an honest look at yourself, and make your standards high. This is one of the many reasons we are the most elite Air Force in the world.

The little things do indeed matter, and our image conveys a message of who we are. It is part of the overall package.

I will certainly be looking, and I challenge each of you to be looking as well. Join me in being a gatekeeper of our standards - our Air Force standards.

Thanks ahead of time for all you do in serving our wonderful nation.

## WELLNESS TIP

Physical inactivity contributes to **300,000** deaths per year

The benefits of daily exercise include:

- ☺ Lower blood pressure and cholesterol
- ☺ Prevent/retard osteoporosis
- ☺ Reduce obesity and symptoms of arthritis
- ☺ Decreased incidence of coronary heart disease



SOURCE: AMC Surgeon General's Office

Information graphic by AMC Public Affairs



# Education for the military child

## ‘Brats’ experience good, bad on educational path

By 2nd Lt. Ashley Gee  
Public affairs

Kara Torgersen begins her freshman year at the University of North Dakota this fall, but it wasn't by way of the ordinary path through school that most freshmen there took.

She grew up in a military family, and in schools across the globe.

Her first memory of school is of the playground at the Department of Defense Dependent School in the Philippines. “It was the only place I ever went that had big wheels,” she said. “During recess we used to get on them and ride to the different buildings. It was so much fun.”

Kara's ride through different school systems as a military “brat” included opportunities and challenges that others couldn't experience.

Like many military kids, Kara Torgersen had moved many times and lived in places such as Alaska and the Philippines. Now, having finished her senior year, she is preparing to enter the University of North Dakota.

Kara is not the flighty teenager that carelessly roams the streets and malls. She has a bright smile and bubbly personality. Her personality is that of a mature, funny and easy-going young lady with a slight Texas accent. She's outgoing and rarely meets a stranger.

Kara's parents were both in the military while she was growing up. They were lucky in that Col. Keiko and Mr. Ray Torgersen had never been sent to separate bases or assignments. However, for Kara's senior year in high school last year, Colonel Torgersen was assigned to Grand Forks



Photo by 2nd Lt. Ashley Gee

**Kara Torgersen (center) with proud mom, Col. Keiko Torgersen, 319th Medical Group commander, and dad, Ray.**

Air Force Base as the Medical Group Commander. Because this was Kara's senior year, the family decided it was best for her to finish school in Texas. Mr. Torgersen would stay behind with Kara for his last year before retirement, and then they would both join Colonel Torgersen in Grand Forks.

Kara and her mother admit to this being the hardest year for them but they agreed it was the best way. “I want her to make general,” Kara

casually stated.

Military brats are faced with many challenges; one of the most difficult is making friends.

“It's easier when you're younger,” Kara admitted. “When you're younger you make friends easier and don't have to deal with clicks.”

Making new friends is always a challenge wherever you go but sometimes leaving them behind is an even greater one. A lot of military children never get the chance to make best friends

and if they do, it's only for a short while.

Another difficulty with changing stations every few years is sports. Kara has a love of dance and cheerleading but not all the schools she attended allowed her to continue her passion.

When the Torgersen's moved from Mississippi to Texas, Kara's new school did not allow her to be part of the cheerleading team until she was a senior, even though she had been a member in her previous school.

“I really love to dance and cheerlead. It was hard to sit back and not be able to participate,” Kara said a little less jovial.

Some other problems with a PCS, primarily of interest to the parents, can be the quality of schools, transferring credits and keeping up with transcripts. Often families move from an area with a great public school system to one that is mediocre or vice-versa. When this happens, your children's education is put at risk.

This was the case when the Torgersen's moved from their second tour in Alaska to Mississippi.

“I definitely noticed a difference in the level of education,” said Kara in a critiquing manner. There can also be a problem with transferring credits. Every school has different requirements, especially for the high school years.

“Luckily, I only had to take an extra semester of one class to meet the criteria for my school in Texas,” Kara stated.

While all of this can seem overwhelmingly negative, there are many positives to being a brat. Those children who grow up in the military get to experience the world in ways that many normal

American kids do not. Colonel Torgersen truly believes the pros outweigh the cons when it comes to kids growing up in the military.

“Travel, education in some of the best schools in the country, and learning how to make friends quickly,” are just a few positives Colonel Torgersen mentions. She also emphasizes how important it is to see different parts of the country and the traditions lost to many. Colonel Torgersen believes that all this establishes a great sense of pride in your country, the development of a great belief system, and strong self-esteem.

Kara agrees with her mother on many of these points.

“I got to meet so many people and see so many different cultures,” Kara explains with a grin and slight Texas draw. “People are always excited and curious when I tell them I was born in Alaska.”

Kara is now preparing to enter college, aspiring to study sports medicine. She believes that not getting to be a normal kid has helped to expand her horizons, set goals and believe in herself.

She has already outfitted herself with all the Fighting Sioux paraphernalia she can get her hands on. All that's left now is for school to start.

When suming up what the military experience has taught her, Kara says, “You have to grow up. You have to accept things the way they are and make the most of it. Sometimes it turns out good and sometimes it doesn't.”

Being a brat has made this girl a more mature, cultured and ambitious young woman, one that is fully equipped to take on college.

## School registration

### Eielson and Twining elementary schools

New families to the base can register their children at their neighborhood school between the hours of 8 a.m. and 4 p.m. They should register as soon as possible. Bring a copy of children's birth certificate or passport, immunization records, social security number, and any school records available.

Eielson Elementary School – Grades Kindergarten through 3  
Twining Elementary School – Grades 4 through 8

Twining Elementary School  
Payment of fees and receipt of class schedules  
Aug. 18 – Grade 6, 8:30 to 11:30 a.m.  
Grade 7, 12:30 to 3:30 p.m.  
Aug. 19 – Grade 8, 8:30 to 11:30 a.m.

### Grand Forks Central High School

Registration for Central High School will be conducted Tuesday through Thursday. In the last week of July, a packet of registration information was mailed to all students who were enrolled in grades 8 through 11 in the Grand Forks Public Schools System last spring. Families new to the base are encouraged to call Central High School at 746-2375 to request this packet, or visit the school at 115 North 4th St. between the hours of 8 a.m. and 3:30 p.m.  
Students will receive their class

schedule, bus pass and be issued a locker assignment on registration day. Students who are new to the Grand Forks Public Schools System must bring the following information when they register:

- Up-to-date immunization record
- School records, a copy of the student's transcript and a copy of the final report card from 2002-2003, or the name and address of the last school attended

Registration will be held Tuesday at Twining Elementary School for students entering grades 9 through 12 with last names beginning with A through M from 9 to 11:30 a.m. and last names beginning with N through Z from 1 to 3 p.m.

Students and parents must complete and bring the following to the registration site:

- Enclosed enrollment card
- Enclosed health card
- Enclosed Student Code of Conduct form signed by both the student and parent or guardian
- Enclosed Honor Code signed by the student

- Enclosed free/reduced lunch application form if applicable

Students and parents will also be able to pay extracurricular student participation fees, purchase a student activity pass for \$25, deposit money in the student's lunch account (checks made payable to Child Nutrition Program) and order a 2003-2004 school yearbook for \$35.

School begins for grades kindergarten through 9 Aug. 26 and grades 10 through 12 Aug. 27. There is no school Sept. 1.

## School Supply Listing

### Twining Elementary

#### Grade 4

- One box of crayons
- One box of markers
- One box of colored pencils
- Six pocket folders (plain covered, no designs)
- Five spiral notebooks
- Wide-lined paper (loose-leaf)
- One wooden ruler
- Two pens (red)
- One bottle of white school glue
- One pair of Fiskars scissors
- One box of tissues (family size)
- One box of No. 2 lead pencils
- Basic calculator

- Two large erasers
- Two highlighters (yellow, pink, light green or orange)
- One crayon bag
- Two black fine point flair markers
- One box Ziploc bags (quart size)
- One compass

#### Grade 5

- One box of colored pencils
- One box of crayons
- Eight theme size spiral notebooks
- Eight pocket folders
- 10 No. 2 lead pencils
- Three packages wide-lined paper (loose-leaf)
- Two ballpoint pens (one red, one blue)
- One pair of scissors

- One box of markers
- One ruler
- One protractor
- Pencil sharpener
- One bottle of white school glue
- One box of tissues (family size)
- Two highlighters
- Spellcheckers (optional)
- Basic calculator (optional)
- One erase-a-mate pen
- Two large erasers
- One pencil or crayon bag (no boxes)

#### Grade 6

- Two family size Kleenex for ITT
- Crayons
- Thin markers
- Colored pencils
- White school glue

- Calculator, labeled with name
- Ball-point pens (no gel pens)
- No. 2 lead pencils
- Paint shirt
- 12 two-pocket folders
- One package of three-by-three inch post-it notes (any color)
- Loose-leaf paper
- One pair of scissors
- One small stapler (uses standard staples)
- One ruler with standard and metric measurements
- One protractor
- One compass (drawing, math)
- 10 spiral notebooks (single subject, no wire-less; no perforated or easy-tear sheets)
- Shoe boxes with lids (optional)
- Plastic centers from push-up treats (optional)
- Plastic or foam egg cartons (optional)

- Toilet paper rolls (optional)
- Three Ziploc baggies and size (optional)
- ⚡ No binders due to desk space (includes Trapper Keepers)
- ⚡ No gel pens

Ensure all items are labeled with the student's name.

#### Grade 6 music supplies

- One spiral notebook
- One folder
- One mechanical lead pencil
- One set of headphones with mini plug



#### Grades 6, 7, 8 physical education supplies

- One regulation gym T-shirt and shorts (labeled with student's name) for Grand Forks Public School District available at:

*Gerrell's Sports Center*  
1004 S. Washington Ave.

*Home of Economy*  
Highway 81 off Gateway Dr.

*Scheel's Sports Center*  
1375 Columbia Rd.

- One pair non-marring/non-skid tennis shoes
- One pair socks
- One towel
- One deodorant (non-aerosol)
- Grey sweatshirt and navy blue sweat pants

(recommended)

#### Grade 7

- Two family size Kleenex for ITT
- Two three-ring binders (one-inch size)
- Eight two-pocket folders
- Loose-leaf paper
- No. 2 lead pencils
- One red pen
- One protractor
- One compass
- One ruler with standard and metric measurements
- One calculator (scientific if in Algebra)
- One box of colored pencils
- Markers (washable)
- One mini-notebook

#### Grade 7, 8 art supplies (if registered for art

#### class)

- Six No. 2 pencils
- 12-pack colored pencils

#### Grade 8

- Two family size Kleenex for ITT
- Three-ring binder with dividers
- Loose-leaf paper
- Pocket folders
- No. 2 lead pencils
- Assorted markers
- Colored pencils
- Pens (black or blue)
- Scientific calculator (Texas Instrument 30-X recommended for Algebra students)
- Ruler
- Protractor
- Compass
- Small pocket-sized notebook

# Base chapel

## CATHOLIC:

**Mass:** 5 p.m. Saturday, 9 a.m. Sunday, Sunflower Chapel.  
**Weekday Mass:** Monday, Wednesday, Thursday, 11:30 a.m., Sunflower Chapel.  
**Reconciliation:** 4:30 to 4:45 p.m. Saturday, or by appointment, Sunflower Chapel.  
**CCD Registration:** Begins Saturday and Sunday for children age 3 as of Aug. 31 through high school. Call Mrs. Jane Hutzol at 747-3073 for details.

## PROTESTANT:

**Traditional worship:** 10:30 a.m. Sunday, Sunflower Chapel.  
**Contemporary worship:** 6 p.m. Sunday, Prairie Rose Chapel.  
**Young Adults:** 6 p.m. Fridays, Chaplain Swain’s home, 747-4359.  
**Men of the Chapel Bible Study:** Noon, Prairie Rose Chapel conference room.

## JEWISH:

For details call Sheila Farquharson at 594-3960 or Synagogue B’nai Israel at 775-5124.

## RUSSIAN/EASTERN ORTHODOX:

For details, call Dr. Levitov at 780-6540.

## MUSLIM, BUDDHIST, OTHER:

For details, call 747-5673.

# Base theater

**Friday, 7 p.m.**  
*Charlie’s Angels: Full Throttle (PG-13)*

**Saturday, 7 p.m.**  
*28 Days Later (R)*

**Aug. 15, 7 p.m.**  
*Legally Blonde 2: Red, White and Blonde (PG-13)*

**Aug. 16, 3 p.m.**  
*Sinbad, Legend of the 7 Seas (PG)*

**Aug. 16, 7 p.m.**  
*Terminator 3: Rise of the Machines (R)*

**Tickets:** \$1.50 children, \$3 adults  
For details, call 747-3021/6123.



# Community

## Today



**CLUB DINING:** The Northern Lights Club evening special is two-for-two sirloin steak for \$9.95. The Frontier Grill summer menu is also available.

## Saturday

**DINNER AND A MOVIE:** The youth center is holding “dinner and a movie” for ages 6 to 12 from 8 to 10 p.m. Enjoy pizza, soda and a movie for \$6.

**SUMMER CAMPS:** Register at the youth center for Karate and golf camps, running Monday through Aug. 15, and Missoula’s Children Theater, running Aug. 18 through 22.

For details, call the youth center at 747-3150.



**CLUB KARAOKE:** The Northern Lights Club offers Karaoke from 10 p.m. to 3 a.m.

**CLUB DANCING:** The Northern Lights Club offers dancing from 10 p.m. to 3 a.m. to ‘club mix’ music with “DJ ‘C.’”

### YOUTH GALAXY BOWLING:

Register at the youth center for galaxy bowling at Dakota Lanes for ages 9 to 12 from 6 to 8 p.m. and ages 13 to 15 from 8 to 10 p.m.

Cost is \$2.50 per hour and 75 cents for shoe rental. There must be at least 10 participants to hold this event.

## Sunday



**SUNDAY BRUNCH:** The Northern Lights Club offers brunch from 10:30 a.m. to 1:30 p.m.

Cost is \$9.95 for adults, \$5.95 for children 5- to 12-years-old and free for children four and younger.

## Monday

### SCIENCE ADVENTURES:

Science Adventures Presents a Space and Rocketry Camp August 11 - 15 at the Youth Center from 9 a.m. to 12 p.m. on Mon, Tues, Wed and Friday. Camp is for ages 7 - 12. FREE! Limit of 30 youth.

Register at the Youth Center.

### NYSCA CERTIFICATION:

All coaches interested in coaching Fall Soccer need to attend, August 11 & 12 at 5:30 p.m. at Liberty Square. Sign up at the Youth Center or call for details, 7-3150.

### CANDY BINGO

Every Monday for ages 6 - 12 from 5:30 to 6:30 p.m. at the Youth Center.

## Tuesday

### PRETEEN MINI LOCK-IN:

Mini lock-in on August 14 for ages 6 - 12 from 7 p.m. to 1 a.m. at the Youth Center. Dinner and snacks will be provided! Must have 15 to hold, sign up at the Youth Center by today. Cost is \$10.



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The Youth Center holds a meeting every Tuesday for ages 11 - 13 from 8 to 9 p.m. For more information contact the Youth Center, 747-3150. Receive an ATWIND piece for attending!

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Required if you plan to rent motorized watercraft from Outdoor Recreation. Also, North Dakota law requires persons 12 - 15 to pass an approved boating course if they operate motorboats propelled by motors over 10 horsepower (includes personal watercraft). Class is from 6 to 9 p.m. and is free; please sign up at Outdoor Recreation.

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### WINNIPEG ZOO:

**Date:** Aug. 16

**Depart:** 8 a.m. from Outdoor Recreation

**Return:** Same evening, around Midnight

**Cost:** (includes transportation only) \$15.50 per adult, \$23.50 per couple, \$37.50 per family of three or \$45 per family of four. Entrance fees in CAD are \$10 per family or \$3.75 per person, sign up by COB today at Outdoor Recreation.

## Thursday

### BEFORE & AFTER SCHOOL:

Register through Aug. 15 for children in grades K - 6 at the Youth Center. Parents need to bring the child's current shot record, current LES for all working parents, AF Form 357 (if military) and an Individual Education Plan if the child has special needs. Call the Youth Center for more information at 747-4042.

### FALL CLASSES REGISTRATION:

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Karate - Six & up, held on Tues. (6 - 8 p.m.), Thurs. (6 - 8 p.m.) and Sat. (10 a.m. - 12 p.m., Adults), 12 - 2 p.m., Youth). Cost is \$3 per 1 hour session.

Gymnastics - Three & up. Dates, times, and cost yet to be determined.

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Looking for a Guitar Instructor. Please contact the Youth Center if interested at 747-3150.



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The Northern Lights Club will be closed for lunch today for Summer Bash 2003! Come join us for a FREE ATWIND picnic lunch at the Summer Bash!

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Teen Study Group: every Thursday at the Youth Center for ages 13 - 18 from 7 to 8 p.m.

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## Sports

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*Photos by Christine Davis*

## A day at the races



Racers take off at the annual Warrior of the North Junior Bike Race Saturday (above); Tarete Raush (left) looks at his first-place medal; and the winners pose (below). Winners for each category were: Under 4, Christian Maranda (1st); Under 7, Carra Mackey (1st), Hannah Wilcox (2nd), Evan Wheat (3rd); Under 8, Tarete Raush (1st), Sam Kohl (2nd), Sarah McNaughton (3rd); Under 12, Kent Williams (1st); Matthew Dallas (2nd), Arron McNaughton (3rd); Ages 13-17, Kyle Williams (1st) and Nathan Braden (2nd).

